



Public Health
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Tioga County

TIOGA COUNTY BOARD OF HEALTH

PLEASE RSVP TO 607-687-8630

IF YOU WILL NOT BE ABLE TO ATTEND THIS MEETING

TO: Members of the Board of Health

FROM: A. Reigelman

DATE: January 8, 2026

RE: Board of Health Meeting - Thursday, January 15, 2026,
7:30 a.m., **Conference Room B**, 2nd Floor of Health and Human Services
Building at 1062 St. Rt. 38, Owego, NY 13827.

AGENDA

Introduction of Guests

- Kylie Holochak, Public Health Project Coordinator

Presentation

- Community Health Assessment

Old Business

- Meeting Minutes (November 2025)
- Enforcements

New Business

- Annual Review of By-Laws

Director's Report

- Agency Updates – November & December (2025)

Additional Items

- None

Next Meeting Information

- Next Meeting: February 19, 2026

TIOGA COUNTY BOARD OF HEALTH

MEETING MINUTES November 20, 2025

BOARD MEMBERS PRESENT (Attended In Person):

T. Nytch, DVM, President
W. Simmons, Vice President
T. Hills, DVM
T. Leary, FNP

ABSENT:

R. Kapur-Pado, DO
W. Standinger III, Legislator
J. Raftis, DO, FACEP

OTHER(S) PRESENT:

H. Vroman, Public Health Director
A. Reigelman, Secretary
S. Medina, Deputy Director of Public Health
P. DeWind, Esq., Tioga County Attorney

CALL TO ORDER: at 7:26 a.m. by Dr. Nytch. Ms. Vroman indicated that Susan Medina is attending the meeting to provide third quarter quality assurance updates.

OLD BUSINESS:

- Dr. Nytch requested an update on Rabies Post Exposure Prophylaxis (RPEP) billing quality improvement project. Ms. Vroman stated that the group has met once so far to discuss current procedure and will be scheduling more meetings to be able to discuss changes.
- Enforcements: Inquiry made about Owego Convenience Store. Ms. Vroman stated that the facility has paid their stipulation and we have submitted information to Albany for them to make the decision if the facility will lose their tobacco license for six months. Noted that this is the same location as the previous Vaporking (under new name/ownership).
- Meeting Minutes (October 2025): Motion to approve prior minutes made by Mr. Simmons; seconded by Ms. Leary, all were in favor, none opposed, motion approved.

NEW BUSINESS:

- Membership Reappointment Recommendation for Dr. Hills- Ms. Vroman stated that Dr. Hills has indicated that he is willing to serve another six-year term on the Tioga County Board of Health which requires Board recommendation for his reappointment. Mr. Simmons motioned to recommend the reappointment of Dr. Hills for a six-year term on the Board of Health; seconded by Ms. Leary, all were in favor, none opposed, motion approved. Members present thanked Dr. Hills for his continued service.
- TCPH Audit Summary Third Quarter 2025 (hardcopy of summary shared with Board Members)- Ms. Medina provided update from the third quarter record audit. 117 records were audited. Have seen much improvement in programs.
 - Some highlighted items include:
 - Will be creating a record audit tool to audit charts for any potential Tuberculosis case we send to UHS (will be similar to what we do with Tioga Opportunities for contracted STI cases).
 - In Animal Bite/Rabies Exposure Investigations, we will need documentation to include follow-up regarding specimen results.
 - In Environmental Health managed lead properties, additional documentation of follow-up with property owners is needed and clarifying where things are documented.

TIOGA COUNTY BOARD OF HEALTH

- In Food Service, need to document on inspection form the number of certified food handlers.
- Received eight returned satisfaction surveys, all positive comments for program areas.
- Quality Improvement Projects:
 - Have closed projects for Animal Bite Investigations and Environmental Health Forms.
 - Dental Security project is nearly finished. All security features are in place. To be able to communicate with schools while onsite dental staff are currently using walkie talkies. On paperwork side, we are updating policies and Memorandums of Understanding (MOUs) with school districts.
 - Communicable Disease Backup project is underway. We identified a need for a full backup in the program; created a comprehensive training plan. We currently have the assigned backup team member working through the training plan (in phase 3 now).
 - Preschool Transportation project is looking at better ways of communicating parent transportation needs.
 - In Weights and Measures program we are outlining policies and procedures and putting full list together of facilities.
 - RPEP billing and payments project is looking at better communication methods with hospitals and process needs to better streamline.
- Received one patient complaint this quarter, already briefed the Board on it. Complaint was fully investigated and brought to Quality Assurance Team. Mostly came down to communication with patient. Staff have completed training in effective communication, extra signage has been posted on the dental van and a new letter has been drafted to be sent to new clients of the Dental Van which will set expectations of their appointment. With these actions taken, we consider this resolved.
 - No sharps injuries and incidents took place this quarter.
- Dr. Nytch inquired if the Board of Health should say thank you in some way to Dr. Sarnicola for his faithfulness to the program. All members present were in agreement. Ms. Vroman stated that they can do that in person at the following award ceremony after the Board of Health meeting.

Ms. Medina departed at 7:41 a.m.

- Dr. Nytch asked County Attorney DeWind if he had any comments and asked about the Owego encampment [if settled]. County Attorney DeWind stated that it has been settled.

DIRECTOR'S REPORT: Ms. Vroman distributed and shared her Director's Report for October.

Public Health Information:

- Federal funding update- No impacts to local public health at this time. Fully staffed officially (we did hire for the Early Intervention Service Coordinator position; a returning employee).
- Infant Botulism case count is up to 23 across 13 states, no cases in New York. We have been doing messaging on associated formulas.
- Maintaining less than 100 respiratory illness cases (only 6 Influenza A cases and 1 Influenza B). Have been doing a lot of outreach.

Staffing Updates:

- Again, fully staffed, but still show vacancy for part-time dentist and speech pathologist (ongoing recruitment).

Accomplished Activities:

- Submitted application to begin Project Public Health Ready. Our Public Health Emergency Preparedness Coordinator is taking lead.
- Hosted MRC meeting to teach volunteers about PODs.

TIOGA COUNTY BOARD OF HEALTH

- Several staff participated in workforce development / training opportunities this past month. Feel this is helpful in retaining staff.
- Ms. Vroman was asked to serve as a mentor in NYSACHO's First Cohort of its Mentor Program. Will be mentoring the Director of Patient Services in Chenango County.

In Progress Activities:

- Community Health Assessment is wrapping up. Currently reviewing first rough draft.
- Stay interviews are being conducted this month with team members. In last 2.5 years we have done well in staff retention. But we are hoping that conducting these interviews will help even more.
- Weights and Measures quality improvement project is slow moving with the Director in the program working less than part time. Ms. Vroman made Board aware of complaint call from New York State regarding program. She summarized complaint and let Board know that we are working with New York State to correct (Legislators and County Administrator are aware). Noted that New York State has expressed that they are happy we are taking action. Will continue to keep the Board updated.

ADDITIONAL COMMENTS:

- Ms. Vroman asked the Board if they were happy with the proposed 2026 calendar. All agreed.
- Brief question and explanation of lead remediation and Environmental Management of properties.

Motion to adjourn meeting by Mr. Simmons, seconded by Ms. Leary, all in favor, none opposed, motion approved. Adjournment of meeting called 7:57 a.m.

Several members attended the following presentation by Squad 9 on the Tioga County Threat Advisory Committee and New York State Association of Rural Health (NYSARH) award ceremony highlighting Dr. John Sarnicola who was nominated for the New York State Rural Health Worker Award.

Minutes respectfully submitted by Abigail Reigelman

Thomas Nytch, DVM, President

Abigail Reigelman; Secretary

Minutes approved January 15, 2026



Public Health
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Tioga County

January 2026 Enforcements

<u>Business</u>	<u>Type of Violation</u>	<u>Fine Paid/Date</u>	<u>Repeat Violation(s) within 12 Month Period</u>
General Manager Mirabito #51 Owego 1581 St. Rt. 96 Owego, NY	Water	\$100.00 11/19/2025	No
John Rease Sugar & Smokes 3220 E. River Rd. Nichols, NY	Water	\$100.00 11/20/2025	No
Robert Parzucek, Jr. The Dugout Sports Bar 6125 St. Rt 434 Apalachin, NY	Food	\$375.00 12/1/2025	No
Charles Otto Tioga Downs Racetrack, LLC 2384 W. River Rd. Nichols, NY	Food	\$850.00 12/1/2025	Yes
James Robinson Skyline Motor Sports 114 Skyline Rd. Barton, NY	Food	\$550.00 12/3/2025	No
Sam Obermeister Sunset MHP 637 St. Rt. 17C Waverly, NY	MHP-Septic	\$150.00 12/9/2025	No
Cristie Tredean American Legion Candor 90 Spencer Rd. Candor, NY	Food	\$450.00 12/11/2025	No
General Manager Dollar General Candor 1140 Owego Rd. Candor, NY	Water	\$150.00 12/16/2025	No
Michelle Dougherty Candor Elementary School 1 Academy St. Candor, NY	Food	\$175.00 12/26/2025	No
Spencer DNYP LLC Dollar General Store #6172 91 W. Tioga St. Spencer, NY	Water	\$150.00 12/30/2025	No
Jerry Tanner Dollar General Endicott 6946 St. Rt. 17C Endicott, NY	Water	\$175.00 12/30/2025	No



AGENCY REPORT

October 23- November 19, 2025

Highlights

- Our Dentist, Dr. Sarnicola, was nominated for the New York State Association of Rural Health (NYSARH) Senator Patricia McGee Rural Health Worker Award!
- We welcomed back Meagan Mertson, as our new Early Intervention Service Coordinator!
- In partnership with Tioga County Sheriff's Office, Public Health and Tioga ASAP hosted a DEA sponsored Drug Take Back Day. Over 110 lbs of medication was collected, and five large boxes of sharps were disposed of.
- Public Health Nurse and Public Health Project Coordinator assisted the County's Safety Officer in the Tioga County Public Works training day, including providing Narcan training and assisting with CPR training. 31 Narcan kits were also distributed.

Health Education

- Public Health Project Coordinator presented to a group of Ithaca College students to share a more in-depth look about the public health field.
- Health Educator tabled at Rural Ministries' pantry to talk to community members about the importance of getting the flu vaccine. A member of Rural Health Network also attended to clarify information about the COVID vaccine and who should consider receiving it.
- Public Health Educator spoke to families at the Family Resource Center in Spencer about railway safety. They did a fun craft creating train ornaments.
- We tabled at the Winter Resource Fair at the Owego Presbyterian Church.

Environmental Health

- In response to a public health complaint, we have been able to work with a community resident to address health issues in their home in collaboration with Department of Social Services. We have supported the effort by offering protective equipment and cleaning supplies. The clean-up process is moving along and nearing completion.
- Environmental Health staff tabled the Trunk or Treat hosted at Hickories Park.
- Staff met with Stray Haven Board President to discuss the 2026 rabies vaccination schedule, emergency preparedness topics around pets and pet food for residents in need.

Patient Services (EI, Dental, Clinic)

- Public Health Nurse attended the Northeast Epi meeting which discussed foodborne and waterborne disease, measles, respiratory illness and vaccine-preventable diseases.
- Senior Early Intervention Service Coordinator did outreach for the Early Intervention Program at the Berkshire and Candor Family Resource Centers with sensory bin activities.
- Senior Early Intervention Service Coordinator and Office Specialist III (who does Preschool Transportation program billing and coordinates transportation needs) attended the Broome-Tioga Committee on Preschool Special Education (CPSE) meeting in Binghamton.
- Exploring new software options for the Dental Program. Recently had demonstration of Dentrix Ascend, a cloud based dental software.
- Dental staff and Danny the Dragon did outreach at the Cady Library Harvest Festival in Nichols.

Administration

- Presented third quarter record audits to Medical Consultant for review. We are seeing much improvement in programs. We have also successfully completed two quality improvement projects. These projects have led to improved animal bite/potential rabies exposure investigations through the development of a monitoring system and workflows, and an online Temporary Food Permit for food vendors. The teams that worked on these projects conducted a comprehensive review of the problem, identified and developed strategies to address it, and implemented them.
- Director of Administrative Services and Public Health Technician took our Weights & Measures program equipment to Albany for inspection and certification.
- Director of Dental Services and PHD hosted our final Wellness Series activities for staff which included pumpkin decorating and creating Gratitude Vaults (jars).
- Public Health Director and Public Health Emergency Preparedness Coordinator participated in the CEPA, hosted by Office of Emergency Management.

Workforce Development

- Public Health Project Coordinator and Public Health Educator were training in Operation Lifesaver, which is a nationally-recognized leader of rail safety education. With this training, they will be able to present to various groups about railway safety.
- Public Health Sanitarian attended the NYSDOH Basic Environmental Health training in Buffalo. This was the final piece of a long, extensive training program!
- Internally training various staff members (Public Health Sanitarian and Public Health Educator) in Lead Care Coordination and Welcome Baby Programs to serve as backups while our Senior Public Health Educator is on maternity leave.

- Public Health Director attended the Public Health Leaders' Summit for Public Health Director and Commissioners.

Ongoing Support/Partnerships

- Advocacy, Support & Prevention (ASAP) Coalition
- Child Fatality Review Team
- Family Enrichment Network (Head Start)
- Lourdes PACT Advisory Board
- Mothers and Babies Perinatal Network
- New York State Association of County Health Officials (NYSACHO)
- New York State Association for Rural Health (NYSARH)
- New York State Association of Counties (NYSAC)
- Racker Center
- Rural Health Network
- Safe Harbor Committee2AY Pivotal Partners Finger Lakes
- Team Tioga
- Tioga County Board of Health
- Tioga County Commissioner's Advisory Council
- Tioga County Council of Governments
- Tioga County Local Emergency Planning Committee (LEPC)
- Tioga County Mental Health Sub-Committee
- Tioga County Non-Profit Network
- Tioga County Threat Assessment Management Team
- Tioga Opportunities, Inc

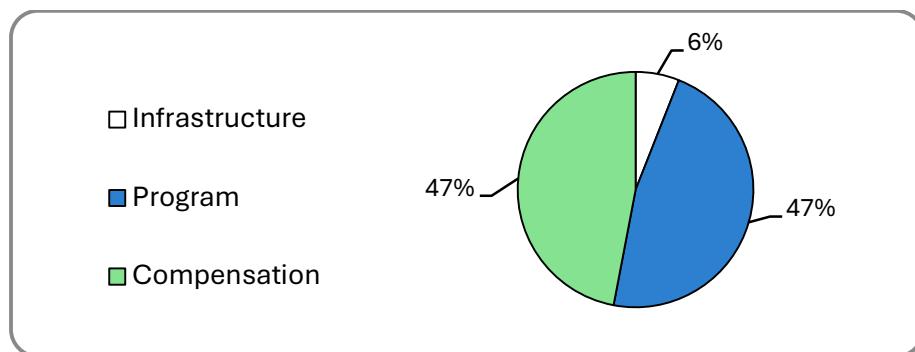
Attachments:

1. Financial Snapshot, YTD thru October 2025.
2. Photographs: (1) NYSARH Award Ceremony for Dr. John Sarnicola-Senator Patricia McGee Rural Health Award; (2) Hickories Park Trunk or Treat Event; (3) Dental Outreach with Danny the Dragon at the Cady Library Harvest Festival; (4) Family Resource Center Outreach with Sensory Bin-For Early Intervention Program; (5) Tabling at Owego Presbyterian Church; end of October thru November 2025.
3. Advertisement: "Ask Your Lungs if Vaping is Right for You," Owego Pennysaver, October 26, 2025.
4. Flyer: "What the Health!?", November 2025.
5. Bulletin Board: "Turkey Trot!" HHS Building, Owego, NY, November 2025.
6. Bulletin Board: "Ask Your Lungs if Vaping is Right for You," 56 Main St., Owego, NY, November 2025.
7. Billboards: "Save PTO for You Not the Flu!," "To Put it Bluntly Don't Drive High," "Ticks Hunt Too!," "Only Brush the Teeth You Want To Keep," Various Locations, November 2025.
8. Data Spreadsheet October 23-November 19, 2025.

Financial Snapshot
Year-to-date through October 2025*^{1,2,3}

	Budget 2025	Actual YTD 2025	Percentage of 2025 Budget
REVENUES			
Fees	1,015,904	808,484	80 %
State/Federal	3,763,299	2,345,245	62 %
Local	3,330,877	1,463,188	44 %
TOTAL	8,110,080	4,616,917	57 %
EXPENSES			
Compensation	2,862,548	2,173,089	76 %
Program Expense	4,796,682	2,185,876	46 %
Core Infrastructure	450,850	257,952	57 %
TOTAL	8,110,080	4,616,917	57 %

Allocation of Expenses
Year-to-date through October 2025



***Notes:**

1. These figures represent the most recent 'closed out' month by the Treasurer.
2. Most of January & February revenue are adjusted back to prior year as payments during this time are for services performed in the prior year. State Aid reimbursement is reported a couple months after each quarter ends.
3. Additional funds not including in the reported numbers above are JUUL Settlement Funds & ASAP Coalition grants. These are excluded as they are outside of our County approved budgets and would skew the figures to not being accurate reflections of financial status.



(1) H. Vroman, Public Health Director and J. Sarnicola, DMD, Dentist; NYSARH Senator McGee Rural Health Worker Award, November 2025



(4) Family Resource Center Sensory Box Outreach; End of October 2025



(2) L. Schumacher, OSIII & A. Knapp, PH Technician; Hickories Park Owego Trunk or Treat; October 31, 2025

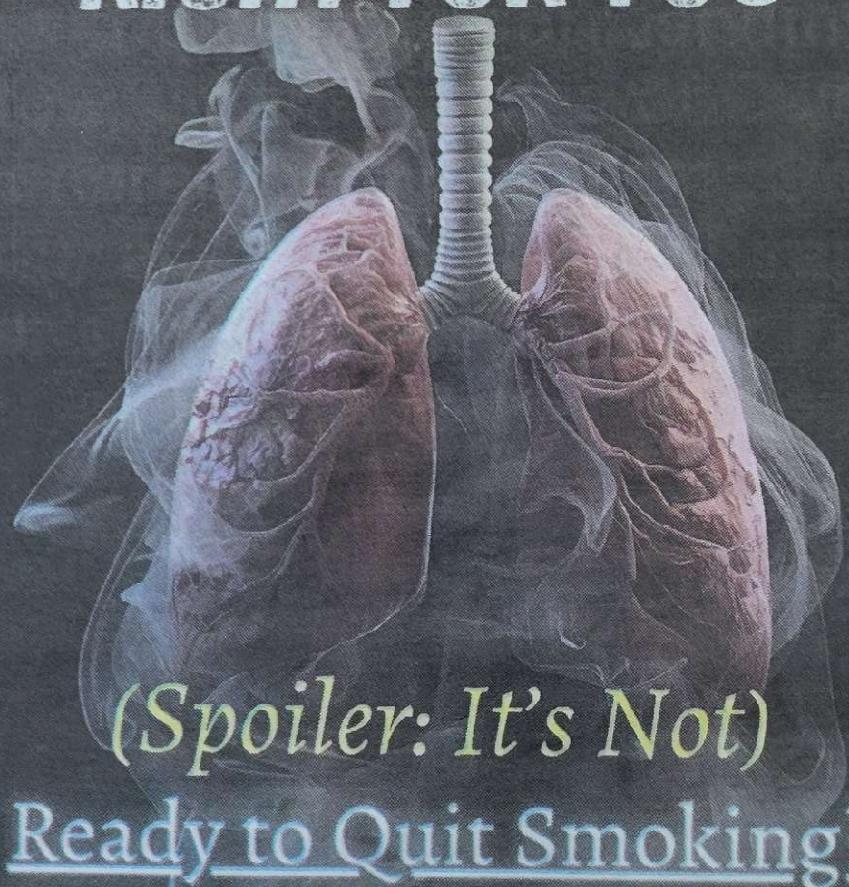


(3) N. Whitmore, Dir. of Dental Services & B. Dow, OSIII; Cady Library Harvest Festival, Nichols; End of October 2025.



(5) M. Squair, PHEP Coord., C. Hickey, PH Educator & T. Jacobs, AAIII; Tabling at Owego Presbyterian Church; November 2025

ASK YOUR LUNGS IF VAPING IS RIGHT FOR YOU



(Spoiler: It's Not)
Ready to Quit Smoking?



Scan the QR to Visit
the NYS Quitline or
Call 1-866-NY-QUITS



Owego Pennysaver 10/26/25

Advertisement: "Ask Your Lungs If Vaping is Right for You," Owego Pennysaver, October 26, 2025



What the Health!?

November 2025



FEAST OR FUMBLE!



1. How long do you defrost a 16 - 20-pound turkey in the refrigerator?
a. 5-6 days c. 10-12 hours
b. 8-10 hours d. 4-5 days

2. A thawed turkey can stay in the refrigerator for ____ before cooking.
a. 2-3 days c. 12 hours
b. 1-2 days d. 8 hours

3. True or False: It's perfectly safe to cook a frozen turkey.

4. Thanksgiving leftovers can stay out in room temperature for how long?
a. 2 hours c. All day
b. 4 hours d. 6 hours

5. Turkey should be cooked to an internal temperature of ____.
a. 175 c. 160
b. 165 d. 185

6. True or False: You could eat thanksgiving leftovers past 7 days.

7. True or False: Once you cut a store-bought pumpkin pie, it must go in the refrigerator.

1. d 2. b 3. True 4. a
5. b 6. False 7. True

Happy Thanksgiving



Great American Smokeout

Be a Quitter. It's Never Too Late!

Need help quitting?
Call 1-866-NY-QUITs

PREVENT TICKBORNE ILLNESS!

Before Hunting:

- Consider treating your gear with permethrin
- Apply bug spray
- Dress in long-sleeved clothing

After Hunting:

- Examine clothing, gear, and pets for ticks
- Shower soon after coming inside & check yourself for ticks
- Wash your clothing in hot water, then tumble dry clothes on high heat

Save PTO
for YOU



not the
FLU!

GET YOUR FLU SHOT TODAY!

Flyer: "What the Health!?", November 2025.

TURKEY TROT!



GET YOUR STEPS IN!

While we don't have to run in fear of being Thanksgiving dinner, being mindful of getting enough exercise can help balance all the treats!

Start a New Tradition

Run or Walk a 5k Race on Thanksgiving Day! Participating in a 5k is great way to exercise before enjoying all your favorite Thanksgiving foods! If you do not want to sign-up for a race, have your own Turkey Trot with family and friends! Meet at a local park or trail and enjoy quality time while getting your steps in.

Shopping = Walking

While shopping for gifts or holiday parties, take an extra lap around the store to add on more steps! Bonus Steps: Park your car far away from the entrance of the store.

Find What Works for You

Experiment with different types of exercise (walking, running, online videos, classes, team sports, etc.) to find what you enjoy most! When you enjoy exercising, you are more likely to make it a habit!

Take the Stairs

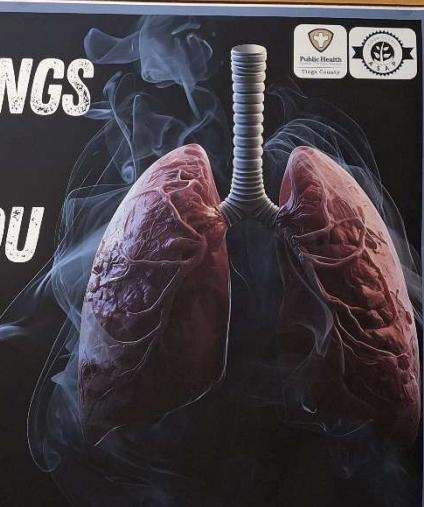
Challenge yourself to take the stairs everyday during the months of November and December!



Bulletin Board: Health & Human Services Building, Owego, NY, November 2025.

Tioga County Public Health

ASK YOUR LUNGS IF VAPING IS RIGHT FOR YOU (Spoiler: It's Not)



Ready to Quit Smoking?

Scan the QR to Visit the NYS Quitline or Call 1-866-NY-QUITS



Bulletin Board: 56 Main St., Owego, NY, November 2025.



Billboards: Various Locations, November 2025



Billboards: Various Locations, November 2025

DATA SPREADSHEET

October 23-November 19, 2025

PUBLIC HEALTH ACTIVITIES	Y-E 2023	Y-E 2024	Oct-25	Nov-25	Y-T-D
Community Health					
Communicable Disease	2438	3082	81	61	2247
- General Infectious Diseases (Campylobacterious, Salmonellosis, etc.)	61	330	10	3	347
- Zoonotic Diseases (Anaplasmosis, Lyme, etc.)	375	352	38	30	466
- Vaccine-Preventable Diseases (COVID-19, Influenza, etc.)	1897	2281	25	23	1345
Child Passenger Safety Seats Inspected	47	49	1	3	36
- Child Seats FAILED Inspection	36	40	1	3	26
CredibleMind Users	N/A	N/A	253	173	2405
Immunizations: Total children and adults	62	87	20	0	49
Children Lead Tested (6 years and under)	913	812	62	66	777
Newly Identified Children with Elevated Blood Lead Levels	22	10	2	0	11
Environmental Health Assessments due to Child with EBLL	41	8	1	0	7
Current Children with EBLL Caseload	N/A	N/A	20	22	N/A
- Welcome Baby Packets Mailed	77	298	41	33	399
People Trained w/ Narcan	145	96	14	33	72
Dental					
New Clients	311	325	48	20	340
Dental Screenings	1141	1227	137	128	1248
- Clients with Low Decay Risk	374	461	36	21	270
-Clients with Moderate Decay Risk	419	274	37	41	407
- Clients with High Decay Risk	344	493	66	63	563
Extractions	102	170	13	11	186
Children Services					
Early Intervention Referrals	206	195	14	12	131
- Early Intervention CURRENT Caseload					
*Monthly total	N/A	N/A	32	32	N/A
- EI children waiting for service(s)	N/A	34	7	7	N/A
- Active EI Providers	N/A	N/A	13	14	N/A
Preschool					
- Children in a tuition-based program	N/A	349	25	25	N/A
- Children receiving transportation services under the Serafini contract	N/A	223	14	14	N/A
- Children receiving transportation from their parents	N/A	126	11	11	N/A

	Y-E 2023	Y-E 2024	Oct-25	Nov-25	Y-T-D
Child Find					
- Current Children being served	N/A	N/A	21	0	N/A
Environmental Health					
Animal bite investigations	198	238	12	12	223
- Individuals requiring Rabies Series (N)	2	51	1	0	36
Rabies Clinics	8	9	0	1	7
- Number of Animals Vaccinated	1098	1377	0	160	1079
Food Establishment Inspections	247	228	30	26	225
Temporary Food Inspections	66	62	2	0	60
Clean Indoor Air Act Complaints (Smoking)	0	1	0	0	5
Mobile Home Park Inspections	37	35	5	1	34
Swimming Pool Inspections	11	11	1	0	16
Tanning Inspections	1	2	0	0	2
ATUPA Checks (Underage Tobacco Sales)	108	116	1	0	141
- ATUPA Violations	3	2	0	0	5
Wellhead Replacement Projects In Progress	N/A	60	0	0	44
Wellhead Replacement Projects Completed	N/A	30	0	0	6
Children's Camp Inspections	7	13	0	0	14
Agriculture Fairground Inspections	2	3	0	0	2
Nuisance Complaints	7	25	5	4	48
Enforcement Actions	72	45	6	6	59
Weights & Measures					
Inspection Sites	110	201	14	3	139
-Devices Inspected	604	448	34	4	234
Training Hrs./Equipment Maintenance	27	43	2	12	40
Fiscal-Electronic Payments & Applications					
Total Number of Electronic Payments (All Programs)	N/A	N/A	11	7	127
Total Dollar Amount of Electronic Payments Received (All Programs)	N/A	N/A	\$2,191	\$1,256	\$24,212
Number of Electronic Applications Received	N/A	N/A	6	7	46



Tioga County Public Health

Health & Human Services Building | 1062 State Route 38, Owego, NY 13827

Phone: 607-687-8600 | Fax: 607-223-7030 | ph.tiogacounty.ny.gov
Heather Vroman, MPH, MSEd., Public Health Director



AGENCY REPORT

November 20-December 24, 2025

Highlights

- Public Health staff enjoyed the End of Year Training Day and Recognition Event, completing the True Colors training, presented by Steve Palinosky.
- PHD attended the NYSACHO annual meeting in Albany, she received a tour of the State Capital building and participated in meet-and-greets with NYSDOH staff. She was able to showcase our work and communicate our needs.
- Through our strategic plan goal for employee engagement, we have initiated an office suggestion box for employees to be able to provide anonymous feedback and offer suggestions.
- Management staff conducted stay interviews with all team members. These offered an opportunity for staff to share what they enjoy about their work, areas they would like to expand their knowledge and how the administration can better support them.
- As of December 2, 2025, the NYS Health Commissioner declared influenza prevalent in NYS. Tioga County has had over 150 laboratory confirmed cases so far this season. We continue to promote influenza prevention by promoting the vaccine and by remind people of measures to help decrease the spread. In a recent NYS Immunization Coalition webinar, we received a shout-out for our “Save PTO for you, Not the Flu” campaign to promote flu vaccination.

Health Education

- Project Coordinator and Deputy PHD met with NexStar Media to discuss our advertising plan for 2026, where we discussed digital advertising-pushing commercials out to a variety of streaming platforms, specifically targeting Tioga County. Our first two digital ads started running which included a Holiday Drinking and Driving ad and an ad promoting CredibleMind.
- Health Educator tabled at Candor Elementary School for their PTSA Wellness Night. She also attended the Family Resource Center/PACT Program meeting, which was a great opportunity to share information about the Tioga Together Time family activity boxes we plan to roll out in 2026.
- Several staff participated in story hour at Family Resource Center at the Candor Library and facilitated a craft related to railroad safety.
- Project Coordinator and Health Educator delivered books to Tioga County elementary schools for teachers of kids aged pre-k and kindergarten and 1st-3rd grades for their classrooms to promote injury prevention and safety.

Along with the books, a lesson was included for teachers to complete with their students to promote helmet safety, pedestrian safety, and overall injury prevention.

- The Child Passenger Safety Program gave away seven car seats to families this month, which is the second highest amount given away per month since March (with 8 seats distributed)!
- Public Health Educator and Suicide Awareness Coalition Chair facilitated a Question, Persuade, and Refer (QPR) Lunch and Learn/ suicide prevention training at the Health & Human Services Building. It was very well attended.
- We provided a new Public Access Narcan (PAN) Box to the Berkshire Fire Department!

Environmental Health

- Completed two Quality Improvement Projects! The final reports for both the Animal Bite/Rabies Exposure Investigations and EH-Temporary Food Permits have been shared with the Q-Team.
- Director of Environmental Health attended the quarterly water quality meeting and discussed programs for residents going forward in 2026 (rain barrel program, future grants and stream cleanups).

Patient Services (EI, Dental, Clinic)

- Received fantastic results from the external NYS Document Review (audit) of our Preschool Special Education program.
- Early Intervention Service Coordinators helped bring holiday joy to EI kiddos delivering educational and engaging gifts to children in the program.
- Director of Dental Services completed the first of four measures for the Year 14 Article 6 Performance Incentive Program.
- Public Health Nurse and Health Educator met with Tioga Opportunities Family Health Clinic to talk about adult immunizations and how to improve vaccination rates.

Administration

- Public Health's 2026 budget submittal was approved by the County Legislature.
- Deputy PHD presented findings from the 2025-2030 Community Health Assessment to local partners who are serving as the steering committee. The group provided valuable input, which will be incorporated into the assessment.
- PHD participated as a member of the Opioid Advisory Committee for review of RFP for proposed projects.
- PHD and Deputy PHD attended a presentation followed by a discussion at the Broome County Health Department regarding a cluster of HIV cases. The group brainstormed various ideas to increase the community's awareness and opportunities to reach the at-risk population.

- NYSDAM continues to provide support in Weights and Measures Program as we work to assess needs and identify gaps/priorities, and how the program will best serve Tioga County.

Workforce Development

- Senior Public Health Educator attended an online training through Pryor Learning called “Cultivate Effective Leadership Skills.”
- PHEP Coordinator attended a Regional Health Emergency Preparedness Committee meeting in Syracuse.
- Director of Environmental Health and Public Health Sanitarian attended a rabies webinar about rabies worldwide, as different continents have different species issues.

Ongoing Support/Partnerships

- Advocacy, Support & Prevention (ASAP) Coalition
- Child Fatality Review Team
- Family Enrichment Network (Head Start)
- Lourdes PACT Advisory Board
- Mothers and Babies Perinatal Network
- New York State Association of County Health Officials (NYSACHO)
- New York State Association for Rural Health (NYSARH)
- New York State Association of Counties (NYSAC)
- Racker Center
- Rural Health Network
- Safe Harbor Committee2AY Pivotal Partners Finger Lakes
- Team Tioga
- Tioga County Board of Health
- Tioga County Commissioner's Advisory Council
- Tioga County Council of Governments
- Tioga County Local Emergency Planning Committee (LEPC)
- Tioga County Mental Health Sub-Committee
- Tioga County Non-Profit Network
- Tioga County Threat Assessment Management Team
- Tioga Opportunities, Inc

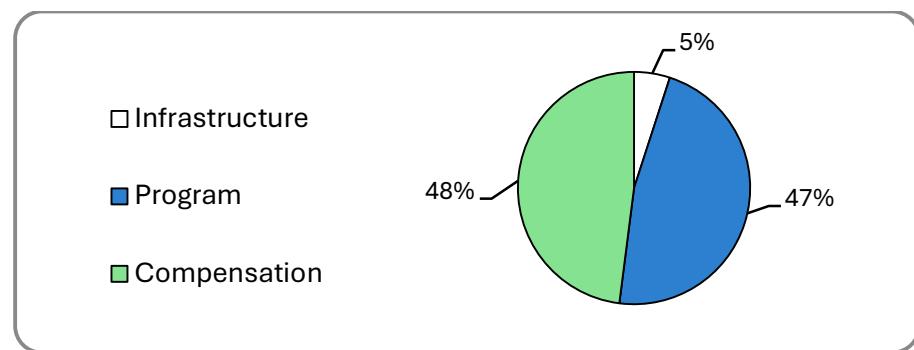
Attachments:

1. Financial Snapshot, YTD thru November 2025.
2. Photographs: TCPH End of Year Training Day/Recognition Event, Watermen's Barn, December 12, 2025.
3. Flyer: “What the Health!?,” December 2025.
4. Bulletin Board: “Test Your Smoke Alarms” HHS Building, Owego, NY, December 2025.
5. Data Spreadsheet November 20-December 24, 2025.

Financial Snapshot
Year-to-date through November 2025*^{1,2,3}

	Budget 2025	Actual YTD 2025	Percentage of 2025 Budget
REVENUES			
Fees	1,015,904	868,865	86 %
State/Federal	3,763,299	2,345,245	62 %
Local	3,330,877	1,761,837	53 %
TOTAL	8,110,080	4,975,947	61 %
EXPENSES			
Compensation	2,862,548	2,369,398	83 %
Program Expense	4,795,132	2,343,055	49 %
Core Infrastructure	452,400	263,494	58 %
TOTAL	8,110,080	4,975,947	61 %

Allocation of Expenses
Year-to-date through November 2025



***Notes:**

1. These figures represent the most recent 'closed out' month by the Treasurer.
2. Most of January & February revenue are adjusted back to prior year as payments during this time are for services performed in the prior year. State Aid reimbursement is reported a couple months after each quarter ends.
3. Additional funds not including in the reported numbers above are JUUL Settlement Funds & ASAP Coalition grants. These are excluded as they are outside of our County approved budgets and would skew the figures to not being accurate reflections of financial status.



TCPH Staff Pictures from End of Year Training Day/Recognition Event, December 12, 2025



What the Health!?

December 2025

Safe & Bright: Holiday Trivia Night!

1. Which of the following is a common cause of holiday house fires?

- a. Hanging stocking on doorknobs
- b. Overloaded electrical outlets
- c. Leaving cookies for Santa



2. True or False: Smoke alarm batteries should be replaced every year.

3. What is the safest way to use a ladder while hanging lights?

- a. Have someone hold the base
- b. Use it on uneven ground
- c. Lean it against a gutter



4. What should you check before using lights from previous years?

- a. If they still match your décor
- b. If the wires are frayed or damaged
- c. If they're tangled



5. True or False: You should keep space heaters at least 3 feet away from anything that can burn.

6. True or False: It's safe to leave candles burning if you just leave the room for one minute.



- 1. B
- 2. TRUE
- 3. A
- 4. B
- 5. TRUE
- 6. FALSE



What To Do With All That Stuff?

Every year, millions of toys end up in landfills, contributing to environmental waste. Donating used toys or recycling them can make a significant difference!

Before Throwing Away Toys:

- **Check for recycling symbols.**
- **Use toy take back programs:** Some companies, like Lego and Mattel will accept old toys for recycling.
- **Upcycle and repurpose:** get creative & turn old toys into new ones!
- **Electronic recycling center:** take electronics to e-waste centers.



THIS HOLIDAY SEASON HELP PREVENT ACCIDENTAL INJURIES & DEATHS!

Secure all fire arms in a gun safe or with gun locks



Locks Save Lives!

POISONINGS DON'T TAKE A BREAK FOR HOLIDAYS!



Travel and family gatherings can put people in unfamiliar settings and increase their risk of accidental poisonings.

SCAN THE QR CODE TO SAVE THE
UPSTATE POISON CONTROL CENTER'S
PHONE NUMBER IN YOUR CONTACTS!



Flyer: "What the Health!?", December 2025.



Bulletin Board: Health & Human Services Building, Owego, NY, December 2025.

DATA SPREADSHEET

November 20-December 24, 2025

<u>PUBLIC HEALTH ACTIVITIES</u>		<u>Y-E 2023</u>	<u>Y-E 2024</u>	<u>Nov-25</u>	<u>Dec-25</u>	<u>Y-T-D</u>
Community Health						
Communicable Disease		2438	3082	90	383	2643
- General Infectious Diseases (Campylobacterious, Salmonellosis, etc.)		61	330	4	15	363
- Zoonotic Diseases (Anaplasmosis, Lyme, etc.)		375	352	28	26	474
- Vaccine-Preventable Diseases (COVID-19, Influenza, etc.)		1897	2281	51	337	1710
Child Passenger Safety Seats Inspected		47	49	3	3	39
- Child Seats FAILED Inspection		36	40	3	3	29
CredibleMind Users		N/A	N/A	322	273	2827
Immunizations: Total children and adults		62	87	1	4	54
Children Lead Tested (6 years and under)		913	812	66	58	835
Newly Identified Children with Elevated Blood Lead Levels		22	10	0	2	13
Environmental Health Assessments due to Child with EBLL		41	8	0	2	9
Current Children with EBLL Caseload		N/A	N/A	22	23	N/A
- Welcome Baby Packets Mailed		77	298	33	34	433
People Trained w/ Narcan		145	96	33	0	72
Dental						
New Clients		311	325	20	43	383
Dental Screenings		1141	1227	128	111	1359
- Clients with Low Decay Risk		374	461	21	17	287
-Clients with Moderate Decay Risk		419	274	41	38	445
- Clients with High Decay Risk		344	493	63	56	619
Extractions		102	170	11	19	205
Children Services						
Early Intervention Referrals		206	195	12	7	138
- Early Intervention CURRENT Caseload *Monthly total		N/A	N/A	32	32	N/A
- EI children waiting for service(s)		N/A	34	7	7	N/A
- Active EI Providers		N/A	N/A	14	14	N/A
Preschool						
- Children in a tuition-based program		N/A	349	25	24	N/A
- Children receiving transportation services under the Serafini contract		N/A	223	14	16	N/A
- Children receiving transportation from their parents		N/A	126	11	8	N/A

	<u>Y-E 2023</u>	<u>Y-E 2024</u>	<u>Nov-25</u>	<u>Dec-25</u>	<u>Y-T-D</u>
Child Find					
- Current Children being served	N/A	N/A	21	20	N/A
Environmental Health					
Animal bite investigations	198	238	12	14	237
- Individuals requiring Rabies Series (N)	2	51	0	1	37
Rabies Clinics	8	9	1	0	7
- Number of Animals Vaccinated	1098	1377	160	0	1079
Food Establishment Inspections	247	228	26	15	240
Temporary Food Inspections	66	62	0	4	64
Clean Indoor Air Act Complaints (Smoking)	0	1	0	0	5
Mobile Home Park Inspections	37	35	1	1	35
Swimming Pool Inspections	11	11	0	4	20
Tanning Inspections	1	2	0	0	2
ATUPA Checks (Underage Tobacco Sales)	108	116	0	16	157
- ATUPA Violations	3	2	0	1	6
Wellhead Replacement Projects In Progress	N/A	60	0	0	44
Wellhead Replacement Projects Completed	N/A	30	0	0	6
Children's Camp Inspections	7	13	0	0	14
Agriculture Fairground Inspections	2	3	0	0	2
Nuisance Complaints	7	25	4	3	51
Enforcement Actions	72	45	6	5	64
Weights & Measures					
Inspection Sites	110	201	3	2	141
-Devices Inspected	604	448	4	23	257
Training Hrs./Equipment Maintenance	27	43	12	5	45
Fiscal-Electronic Payments & Applications					
Total Number of Electronic Payments (All Programs)	N/A	N/A	7	6	133
Total Dollar Amount of Electronic Payments Received (All Programs)	N/A	N/A	\$1,256	\$1,664	\$25,876
Number of Electronic Applications Received	N/A	N/A	7	1	47